

MARTIN MARIETTA CITY OF OAKS MARATHON

11.1.2026 | Raleigh, NC

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RULES & REGULATIONS

Can I wear headphones?
It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphone devices. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

Can someone else run in my place?
Bib transfers are allowed. Please review how to do it here.

Can I register on race day?
Pending availability, registration will be open until 3 PM on Saturday, 10/31/26.

Is there a gear check this year?
Yes, gear check is available on race day next to Milk Lab in Smoky Hollow.

Where do I get my race bib?
If you did not pay for bib mailing, you will need to attend packet pick-up.

Can someone else pick up my race packet for me?
Yes, someone else can pick up your packet. They will need a copy of your check-in pass.

Are strollers allowed on the course?
Strollers are not allowed on the course.

Are pets allowed on the course?
Pets are not allowed on the course.

Is the race USATF certified?
Yes, all distances are certified.

- 5K: NC21005NW
- 10K: NC26003NW
- Half: NC24002NW
- Full: NC24003NW

Is this an open or closed course?
The course will be closed to traffic—please follow the directions of our volunteers, staff, and course signage on race day.

Will medical support be available?
Yes, medical will be available throughout the course and at the finish line.

What is the weather policy?
Races are held, rain or shine, unless we determine that conditions are too dangerous. This will be based on a prudent decision made on race weekend or race day by race officials and local law enforcement officials. If the race is cancelled due to inclement weather, there will be neither refunds nor transfers. This position is consistent with USA Track & Field recommendations and with the protocol of sharing the risks associated with the sport of running. In the event of inclement weather or unforeseen circumstances, Capstone Event Group reserves the right to alter, cancel or eliminate any/all portions of the race.

If there is inclement weather during the race, it is your responsibility as a race participant to follow instruction from race officials and law enforcement in regards to inclement weather. If you disregard instructions from race officials and/or law enforcement, you are doing so at your own risk.

What is the time limit?
The time limit for each distance are as follows:

- **Marathon:** 6 hours (1:00 PM), which is a 14-minute mile pace.
- **Half Marathon**: 3 Hours 30 Minutes (10:30 AM), which is a 16 minute mile pace
- **10k:** 2 Hours (9:00 AM), which is a 19 minute mile pace
- **5k:** 2 Hours (9:30 AM), which is a 38 minute mile pace

    - The cutoff time is determined by our event permit, which permits us to use the roads, police, support, and other city resources for a specified period of time.
    - When the course closes at the cutoff time, any remaining participants must move off the roads and onto a sidewalk. Anyone who decides to utilize the course route after the permitted time will not be considered an active participant and must follow pedestrian laws. Participants who do not meet the cutoff time will not receive an official time.

What will happen to clothes left at the start line or on the course?

- **Start Line:** Clothes that are left at the start line will be donated or discarded. Clothes will not be returned to you after the race.

- **Course:** Please discard any unwanted clothes during the race at **aid stations**. Clothes left at aid stations will be donated. Clothes will not be returned to you after the race.

PRE-RACE COMMUNICATION | UPDATES VIA TEXT!

Stay informed on race morning! With Halloween weekend in full swing, we want to make sure all City of Oaks Marathon runners stay safe, informed, and prepared for race day.

- **Sign up for real-time updates from the City of Raleigh:** Text RALEIGHOAKS to 888777 to receive alerts from the City of Raleigh and Raleigh Police Department in the event of major changes to the race schedule.
- **Opt in to text updates from our team:** Log in to your Capstone Races account and visit your event registration. Look for the checkbox under your phone number to opt in to text messages from us. See image below to know what to look for!



We encourage all runners to sign up for both channels and keep an eye on updates leading up to and on race morning so you're in the know if anything changes.

Our priority is making sure everyone has a safe and enjoyable race day. We look forward to seeing you at the starting line!

ACCESSIBILITY GUIDE



Handicap Parking

Packet Pickup: There is ADA Parking in the parking lot at Coastal Credit Music at Walnut Creek.

Race Day: If you need accessible parking on race day, please email us at info@cityofoaksmarathon.com by Tuesday, 10/27, and we will assist you.

Wheelchair Division Race Start Times

- **Full & Half**: 6:55 AM
- **5k & 10k:** 7:15 AM

Accessible Restrooms

Starting Area: There will be accessible portable toilets in the start area.

On Course: There will be accessible portable toilets at miles 2, 8, and 11 of the half marathon.

Post-Race Party

The post-race party will be held at Smoky Hollow. There are sidewalks or pavement from the finish line to the post-race party.

RACE SWAG!

Celebrate 20 years of City of Oaks with this year's commemorative swag! Featuring a "Rooted in Raleigh" long-sleeve shirt, custom oak-inspired finisher medals for every distance, and coordinating oak leaf and acorn socks, this year's designs celebrate Raleigh's roots, community, and two decades of running tradition.

Make sure to grab your race-day swag before you head out—these goodies are available only on-site and will not be mailed afterward. Don't miss out on taking home a piece of the City of Oaks!



Participant Shirt



Extra Swag - Socks



Full Marathon Medal



Half Marathon Medal



10k Medal



5k Medal

WHAT'S NEW IN 2026

We're always working to make race weekend even better, and this year brings some exciting updates you won't want to miss:

Two Day Packet Pickup | Packet pickup will be available on both Friday and Saturday of race weekend giving you more options!

Corral Starts for All Distances | Participants will be assigned to a starting corral based on their expected pace. Corrals group runners with similar paces and help create a smoother, more organized start. Be sure to line up in your assigned corral on race morning.

- Your corral will be on your bib, as well as in your Check In Pass (sent race week).

New Start Time for the 10k: The 10k will start with the 5k this year at 7:20 AM. Wheelchair start for the 5k & 10k will be at 7:15 AM.

Updated 10k Course: We've made a few adjustments to the 10K course this year to create a smoother, more seamless turnaround experience for runners.

Expanded Age Group Awards: More participants will have the opportunity to be recognized with expanded age group awards. Here are the updated age groups for this year:

- 14 and under, 15-19 , 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 -79, 80 and over

Additional Portable Toilets: We've increased the number of portable toilets and added a second location, with access on both sides of the start line on Tucker Street.

Marathon Course Activation by Village Juice & Kitchen: Marathoners will be cheered on by local favorite Village Juice & Kitchen at miles 13 and 18.5, where they'll be handing out samples of their Great Hydrator drink to help runners refuel along the course.

Videri Chocolate: To celebrate our 20th anniversary, we've partnered with Videri Chocolate Factory who will offer race participants 10% off purchases October 30–November 8. Bring your medal or race bib to secure the deal!

RACE DAY TERMS

Race Bib

Your race bib has a timing chip on the back that records your start-to-finish time. On race day, wear your bib with the number facing forward, and don't bend or remove the chip.

Start Line Chute

The start line chute is where runners gather before the race begins.

Hydration Station

Hydration stations on the course will offer water, sports drinks, and portable toilets.

Mile Markers

Mile markers are posted along the course. GPS devices may not align exactly with them.

Finish Line Chute

The finish line chute is where runners collect their medal, water, and post-race snacks.

Post-Race Party

A post-race party is a celebration held after the race where runners and supporters gather to enjoy food, drinks, and festivities to celebrate their accomplishments.



RACE DAY ETIQUETTE

Start Line

To keep everyone moving comfortably, please line up toward the back if you plan to walk or do a walk-run.

Hydration Stations

At hydration stations, keep moving while grabbing your cup. If you need to stop, glance behind you or step to the side so everyone stays safe and flowing

Passing

If possible, pass on your left and alert the runner by saying, "On Your Left."

Respect Others

Avoid sudden stops or weaving; be predictable in your movements.

Garbage

Pease put all trash in the bins, not on the course.

Follow Instructions

Listen to volunteers & race staff, and obey signs or course markings.

Show Gratitude

Don't forget to thank the volunteers, police, and EMS who are helping make race day safe and fun!

Move through the Finish Chute

For everyone's safety, please keep moving through the finish line.



RACE DEADLINES

DEADLINE	FORM	DETAILS
REGISTRATION 10/31/26 at 3:00 PM EST	Join the fun!	Registration will close one hour prior to the end of packet pickup, **unless the race sells out sooner.**
BIB MAILING 9/24/26 at 12:00 PM EST	Form Closed	Only bibs and safety pins will be mailed to you. You will pick up your shirt at the post-race party.
SWITCH CATEGORIES 10/31/26 at 3:00 PM EST Subject to availability.	Switch race categoires!	If you need to switch your race category, including moving to a longer or shorter distance, you can make the change through your Capstone Races account on our registration platform.
DEFERRAL 10/22/26 at 11:59 PM EST	Deferral window is closed.	Deferral window is closed. No exceptions will be made. Thank you for your understanding.

BIB MAILING

- Bib were mailed the week of 10/09 from our timing company, Laurel. **If yours hasn't arrived by 10/29,** visit packet pick-up and head straight to customer service for assistance.
- If you changed distances after 9/25, double check to make sure your bib reflects the distance change. If it doesn't, please visit the customer service at packet pickup for a new bib.
- **You will pick up your race shirt and socks after the event at Customer Service.**
- If you need a gear check bag, they'll be available outside of gear check on race morning.

Race Item	Will Receive in the Mail	Will Pick Up AFTER the Race
Bib	✓	
Safety Pins	✓	
Participant Shirt		✓
Socks		✓



PACKET PICKUP

- **Location:** Coastal Credit Union Music Park at Walnut Creek Amphitheater | 3801 Rock Quarry Road, Raleigh, NC
- **Date**:
  - Friday, October 30 | 3-6 PM
  - Saturday, October 31 | 8 AM – 4 PM
- **Parking:** Please enter from Rock Quarry Road, where parking attendants will guide you to the designated area. From there, you can walk directly to Packet Pickup at Gate 1.
- At packet pickup, you'll receive your bib, shirt, safety pins, extra swag (socks), and gear check bag. You'll also have the opportunity to engage with our race sponsors, including Fleet Feet, Martin Marietta, and more
- **Merchandise**: We have partnered with Pressio to offer official Martin Marietta City of Oaks Merchandise. Be sure to check it out!

PACKET PICKUP FAQ

Can someone else pick up my bib for me?

Yes, someone else can pick up your bib—just have them bring your check-in pass.

Will there be a packet pickup on race morning?

There will not be packet pick-up on race morning. Please make plans to attend beforehand, or have someone attend on your behalf.

Will I be able to exchange my t-shirt size at packet pickup?

Shirt exchanges are available starting at 10 AM on race day at customer service, while supplies last.

BIB GUIDE

All participants must wear their bib on the outside of their shirt with the race number facing forward.

Race Distance

Corral



Bib Number

Gear Check Tag

Half Bib



10k Bib



5K Bib



RACE WEEKEND TIMELINE

Packet Pickup

OCTOBER 30 | 3 PM-6 PM
Coastal Credit Union Music Park at Walnut Creek

OCTOBER 31 | 8 AM-4 PM
Coastal Credit Union Music Park at Walnut Creek

Gear Check Opens

NOVEMBER 1 | 6 AM
Next to Milk Lab at Smoky Hollow

Full & Half Start

NOVEMBER 1 | 7 AM
WHEELCHAIR DIVISION | 6:55 AM
400 Glenwood Ave, Raleigh, NC

5k & 10k Race Start

NOVEMBER 1 | 7:20 AM
WHEELCHAIR DIVISION | 7:15 AM
400 Glenwood Ave, Raleigh, NC

5k & 10k Overall Awards Announced

NOVEMBER 1 | 9 AM
Post-Race Party at Smoky Hollow

Half Overall Awards Announced

NOVEMBER 1 | 10 AM
Post-Race Party at Smoky Hollow

Marathon Overall Awards Announced

NOVEMBER 1 | 11 AM
Post-Race Party at Smoky Hollow

Marathon Course Closed

NOVEMBER 1 | 1 PM

Post-Race Party Ends

NOVEMBER 1 | 1:30 PM

RACE DAY PARKING

PARKING OPTIONS

Runners can park in several free parking areas within walking distance of the start line, but **all spots are first come, first served.**

Important Race Day Arrival Information

There is plenty of parking available downtown, but much of it is located near the race course. Please plan ahead, allow extra time for race-related road closures and traffic, and take note of where you park so you can easily find your car after the race.

We recommend arriving no later than 6:00 AM to allow ample time to park and make your way to the starting line before the race begins. Please remember that the races will start promptly at 7:00 AM (Full & Half) and 7:20 AM (10k & 5k) and will not be delayed due to traffic or parking issues.

If possible, consider carpooling or arranging to be dropped off to help reduce traffic congestion around the starting area.

- **State Deck 75 |** Approximately 0.8 mile walk (20-minute walk) to the start line
- **State Deck 76 |** Approximately 0.8 mile walk (20-minute walk) to the start line
- **413 N Salisbury St Garage |** Approximately 0.7 mile walk (15-minute walk) to the start
- **Green Square Deck |** Approximately 0.7 mile walk (15-minute walk) to the start
- The Village District shopping center parking | Approximately 0.8 mile walk to the start line
- **Fred Fletcher Park Street Parking |** Approximately 0.55 mile walk to the start
- **Forest Park Neighborhood Residential Street Parking** | Approximately 0.33 mile walk to the start

RACE DAY DROP OFF LOCATION

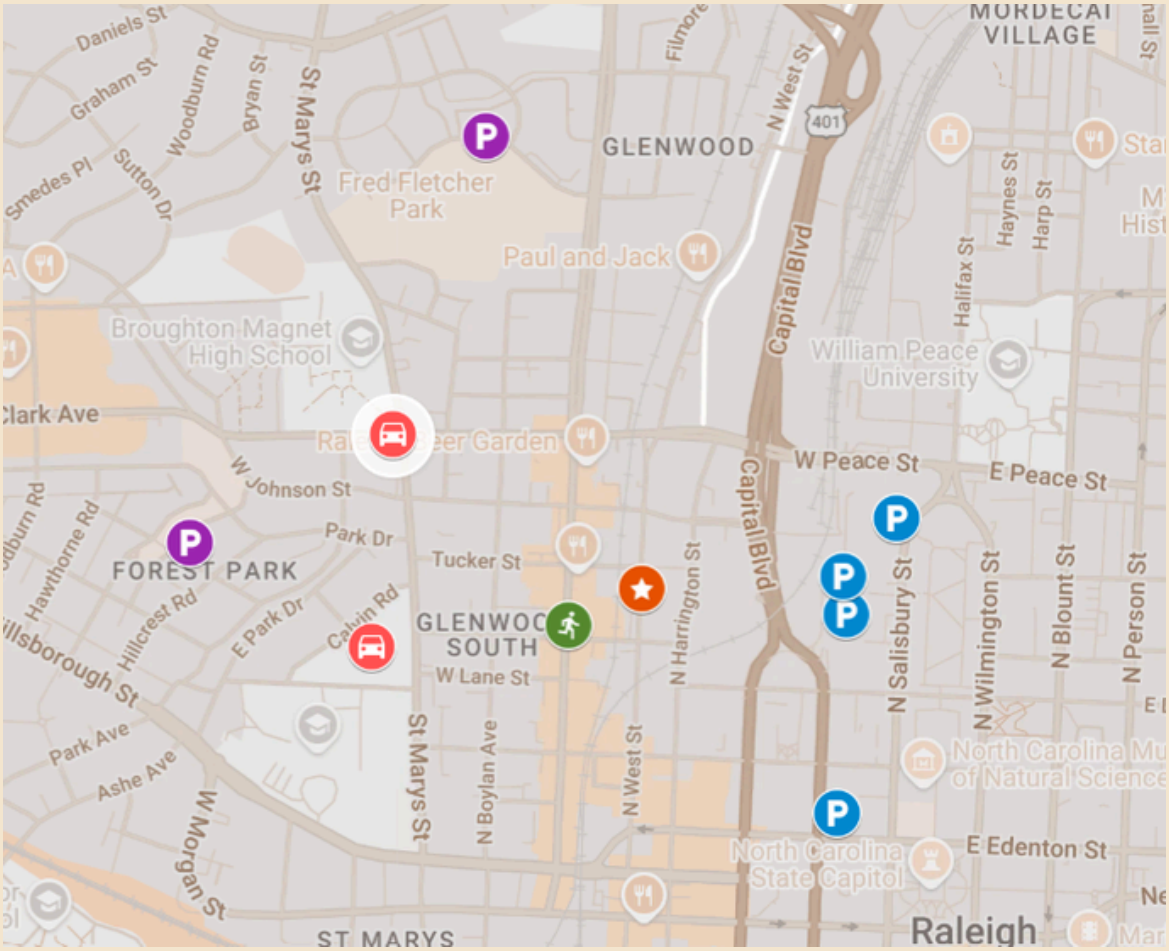
Runners are encouraged to utilize ride share apps or be dropped off with drop-off/pick-up locations:

- Wiley Elementary School
- Peace St. & St. Mary's Street

RACE DAY ROAD CLOSURES

Road closures near the start line will begin at 6:45 AM (with the exception of Glenwood Ave, Johnson Street, and N West St, which will close at 3 AM). Roads near the starting area may close earlier than scheduled at the discretion of the Raleigh Police Department to ensure the safety of all participants. Please plan your arrival accordingly and allow extra time for traffic and road closures.

RACE DAY PARKING MAP



Click for an interactive Google Map for race day parking locations.

Parking Decks/Garages

- State Deck 75
- State Deck 76
- 413 N Salisbury St. Garage
- Green Square Parking Deck

Street Parking

- Fred Fletcher Park Street Parking
- Forest Park Neighborhood Street Parking

Start/Finish

- Start Line!
- Finish Line!

Recommended Drop Off Location

- Recommended Drop-Off Location
- Recommended Drop-Off Location

PRE-RACE INFO

Start & Finish Line

Start Line: 400 Glenwood Ave, Raleigh, NC 27603
Finish Line: 500 N West Street, Raleigh, NC, 27603

Start Times

- **Sunday, November 1**
  - Full & Half: 7:00 AM | Wheelchair Division 6:55 AM
  - 5k & 10k: 7:20 AM | Wheelchair Division: 7:15 AM

Packet Pick-Up

Location: Coastal Credit Union Music Park at Walnut Creek

- Friday, 10/30 | 3-6PM
- Saturday, 10/31 | 8AM - 4PM
- **Packet pickup is unavailable on Sunday. Please plan accordingly.**

Portable Toilets

New for this year: Portable toilets will be on both Tucker St on BOTH sides of the start line.

Customer Service

Customer service will be available at **6:00 AM on the patio at** Whiskey Rose on the corner of N. West St. & Tucker St.

Pacers

We plan to offer the following pace groups. Please look for the pacers (holding a flag with the pace on it) in the start line chute.

Full marathon: 3:15 | 3:30 | 3:45 | 4:00 | 4:15 | 4:30 | 4:45 | 5:00 | 5:15 | 5:30
Half marathon: 1:45 | 2:00 | 2:15 | 2:30 | 2:45 | 3:00

A Friendly Reminder About Our Pacers: Our pacers are volunteers doing their best to help you reach your goals. Paces are goals, not guarantees, and race-day conditions may affect timing. Please be kind, run safely, and thank your pacers for giving their time to support you!

PRE-RACE INFO

Corrals

- Runners in ALL distances will be divided into four corrals (A, B, C, & D) based on the estimated pace provided at registration.
- Corral assignments will be indicated on the front of the bib and on your check in pass.

Corrals Guidelines

- Corral assignments will be on your race bib.
- Each participant is **required** to start in the corral that is printed on their bib.
- Please have your bib fastened and visible before entering the chute.

Gear Check

We strongly encourage runners to leave personal items at home or in their vehicles. If you need to check a bag, the gear check area is located at Smoky Hollow next to Milk Lab.

Bags:

- Clear drawstring bags will be available at packet pick-up.
- If you chose bib mailing, you can pick up your gear check bag at gear check on race morning.

Gear Check Tags: Attach your gear check tag from your bib to your bag before coming to gear check.

Hours: 6:00 AM - 1:30 PM

Important: The race is not responsible or liable for items left in gear check. Do not leave valuables such as keys, wallets, or cell phones in your bag.

PRE-RACE INFO

New & Improved Runner Tracking

We've partnered with Laurel to bring live runner tracking to every Martin Marietta City of Oaks participant, from the Acorn 5K to the marathon! Family and friends can follow along from anywhere on race day.

How It Works: Your race bib includes a built-in timing tag. As you pass checkpoints along the course, your position updates on the live map, allowing spectators to follow your progress every few minutes—not just at 5K intervals.

For Runners: No phone needed! Your bib's timing tag does all the work. Just share your tracking link with family and friends so they can follow your race!

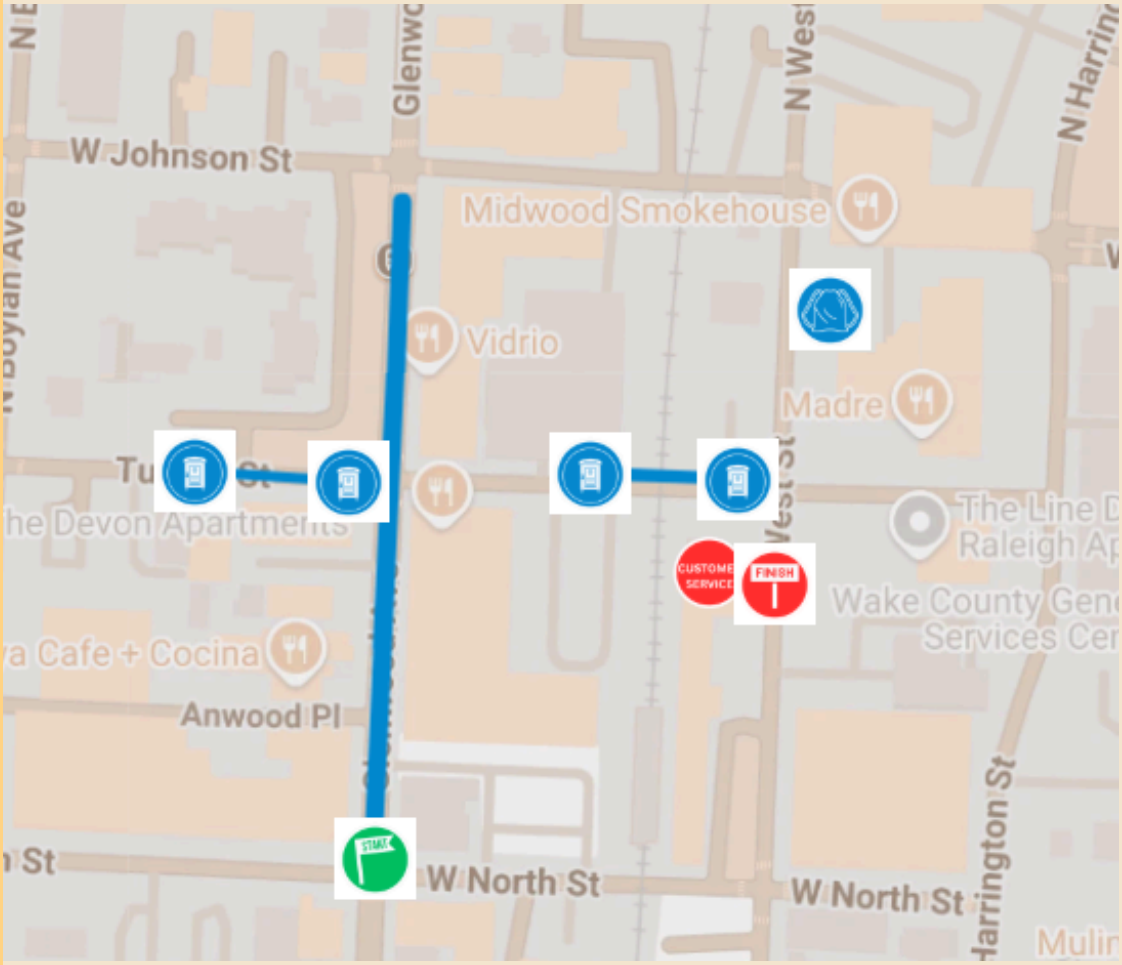
For Spectators: Visit the City of Oaks tracking page (link coming soon!) in any browser on race morning. Search for a runner by name or bib number to watch their progress on the course. Spectators can also sign up for text alerts at each checkpoint, plus receive the runner's official finish time as soon as they cross the finish line.

Be on the lookout for an email during race week with your personalized tracking link!

PRE-RACE MAP

Pre-Race Needs

- Start Line!
- Start Line Chute
- Gear Check
- Customer Service
- Finish Line!
- Portable Toilets
- Portable Toilets
- Portable Toilets
- Portable Toilets
- Portable Toilets
- Portable Toilets



Click for Google Map link.

26.2 COURSE MAP



Aid Stations

There will be 16 aid stations along the course with water and Gatorade. Locations are approximate and rounded to the nearest mile.

Locations:

Miles 2, 3, 5, 7, 8, 10, 11, 13, 14, 15, 17, 18, 20, 21, 23, 25

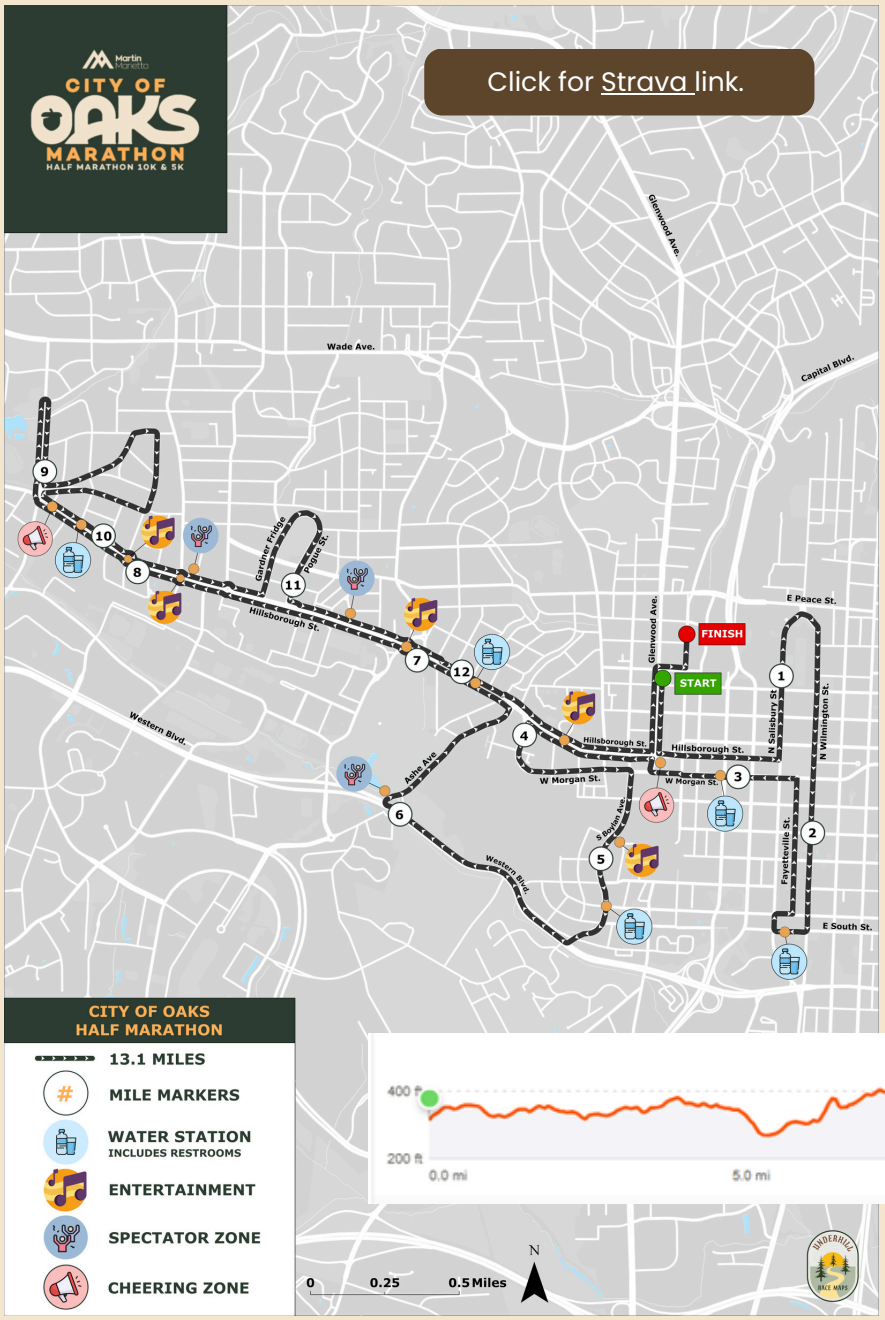
On Course Fuel & Restrooms

Gu will be available at the following aid stations:

Miles 5, 8, 11, 20.5, 15, 17, 23

Portable toilets will be located at each aid station.

13.1 COURSE MAP



Aid Stations
There will be 7 hydration stations along the course featuring water and Gatorade at all stations. Station locations are approximate and rounded to the nearest mile.

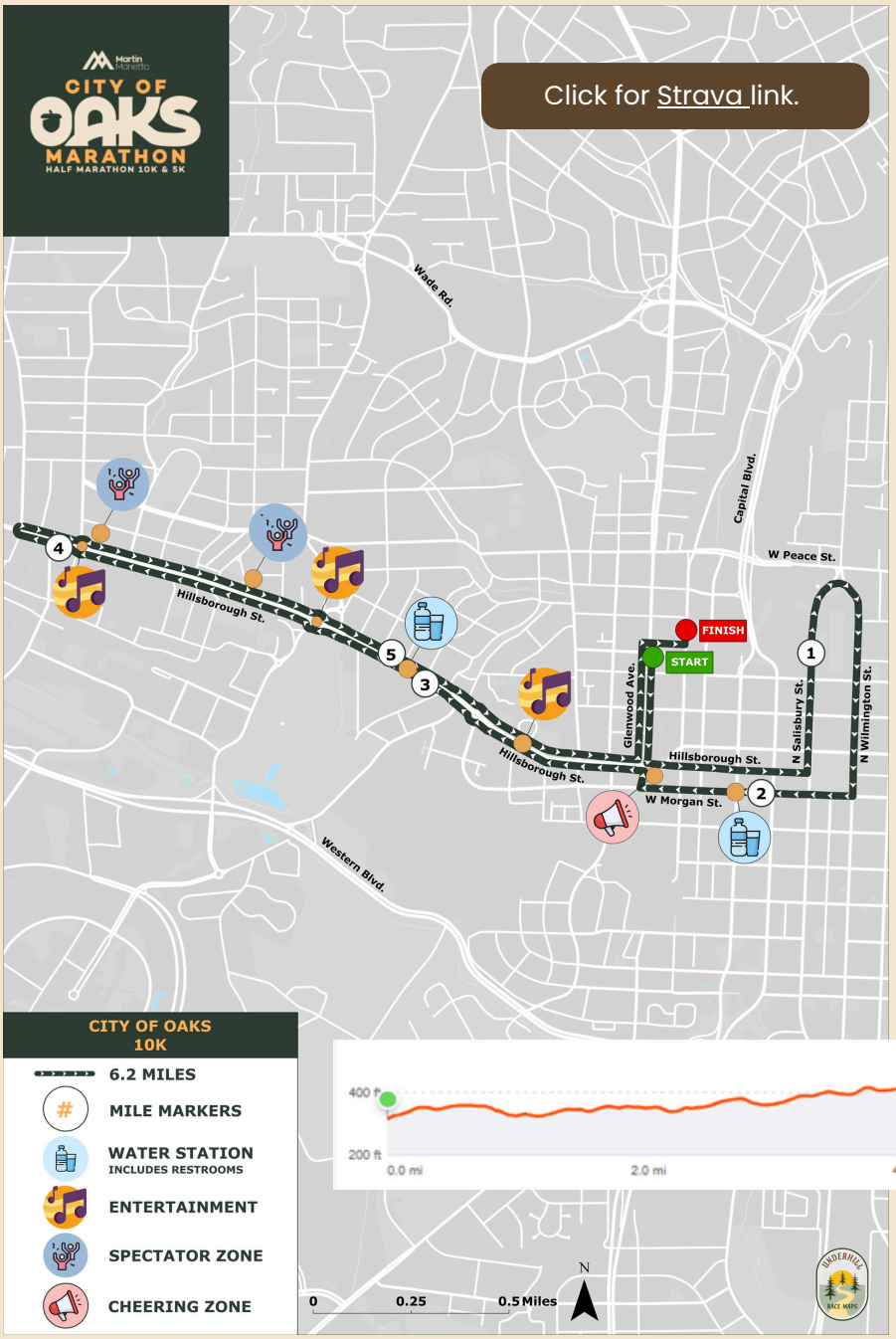
Locations:
Miles 2, 3, 5, 7, 8, 10, 12

On Course Fuel & Restrooms

Gu will be available at the following aid stations: Miles 5, 8, 10

Portable toilets will be located at each aid station.

10K COURSE MAP



Hydration Stations

There will be 3 hydration stations featuring water & Gatorade at all stations. Station locations are approximate and rounded to the nearest 0.25 mile.

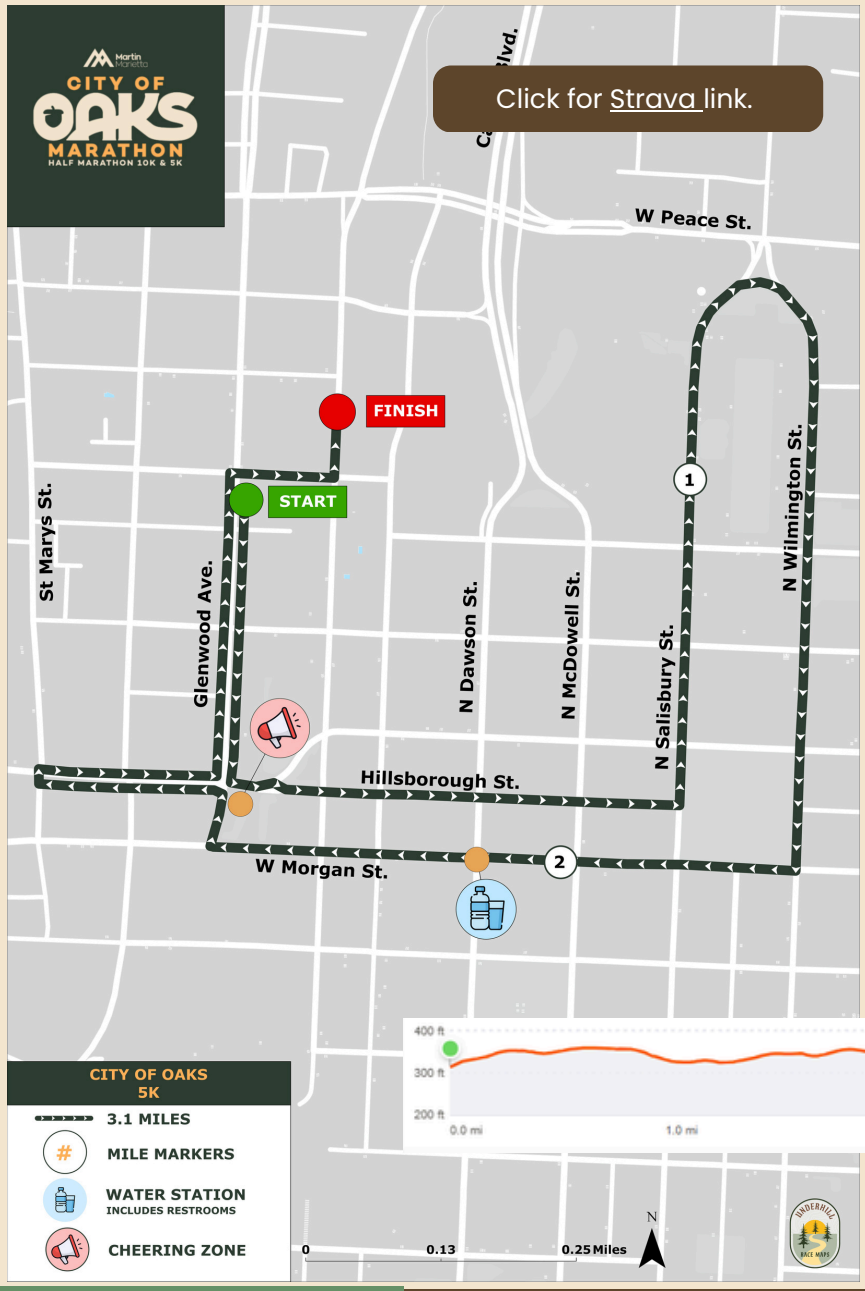
Locations:

Miles 2, 3, 5

On Course Restrooms

Portable toilets will be located at each aid station.

5K COURSE MAP



Hydration Stations

There will be on aid station on the 5k course featuring water and Gatorade. Station locations are approximate and rounded to the nearest mile.

Location: Mile 2

On Course Restrooms

Portable toilets will be available at the aid station.

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Garner
Clay ton
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Offer valid at participating GNC Dalton Franchise locations only. Must show this ad at time of purchase. Cannot be combined with other discounts or offers. One time use. Additional exclusions may apply.

POST-RACE PARTY

Location Smoky Hollow | *Just steps from the finish line!*

Hours 8:00AM - 1:30 PM

Details After you cross the finish line, celebrate your accomplishment in Smoky Hollow—just steps from the finish! Meet up with friends & family to enjoy the post-race party featuring a beer garden (ID required), sponsor tents, finisher snacks, and more. It's the perfect spot to relax, refuel, and soak in the energy of race day!

Overall Awards Overall awards for each distance will be presented to the top 3 male, female, and nonbinary finishers at the STAGE, based on gun time. Awards will not be mailed.

Overall Award Time Overall awards will be announced at the DJ stage in Smoky Hollow.

- 5k & 10k: 9 AM
- Half Marathon: 10 AM
- Marathon: 11 AM

Age Group Awards Age group awards will be given to the top 3 male, female, & nonbinary finishers in each age group for both distances based on chip time. Age group awards will be available for pick-up next to the stage after the announcement of the overall awards. **Awards will not be mailed.**

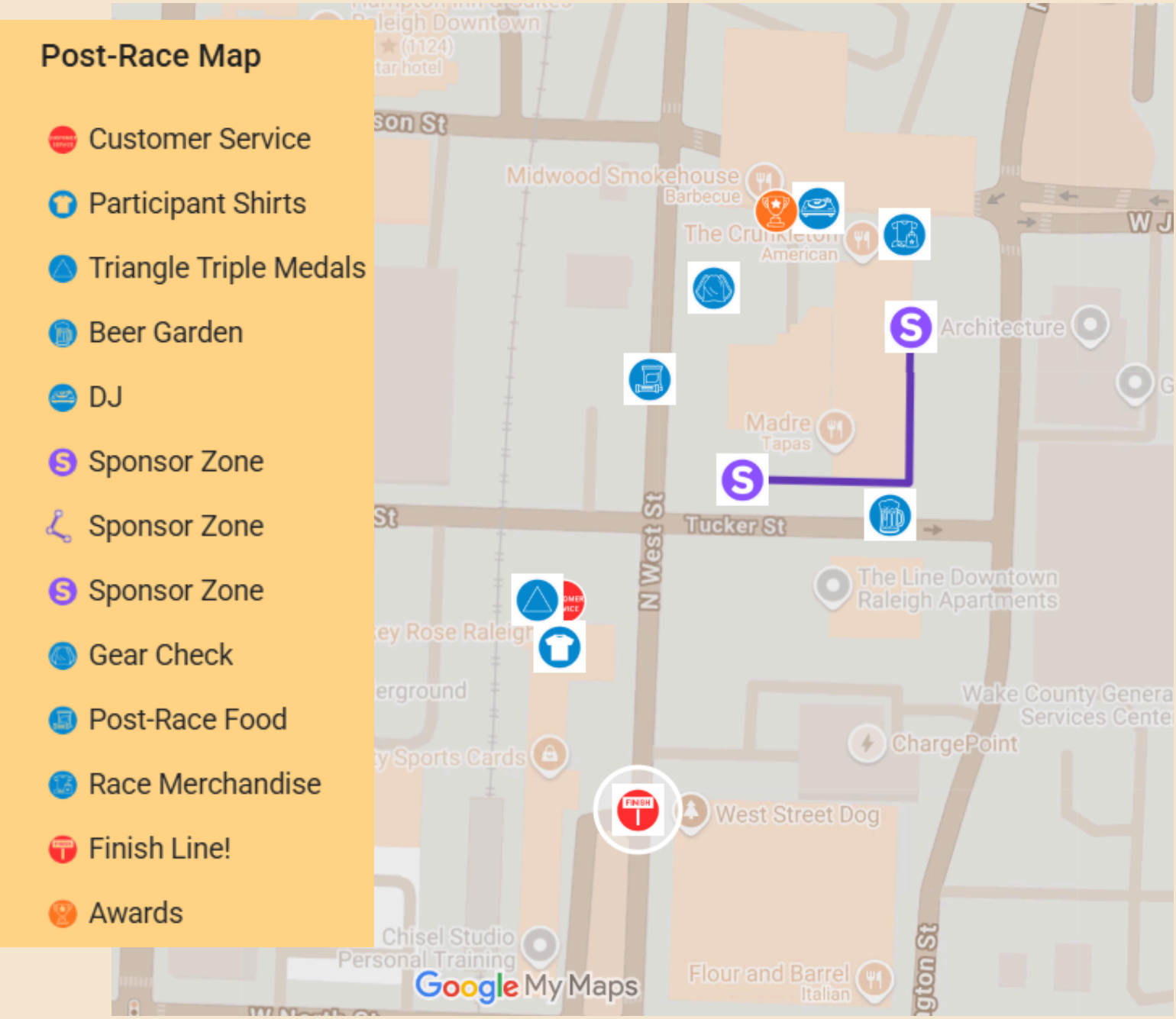
Age Groups 14 and under, 15-19 , 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 -79, 80 and over

Triangle Triple If you qualify for the Triange Triple Bonus medal, please pick up your medal at CUstomer Service.

Race Shirts If you received your bib in the mail, please pick up your race shirt at Customer Service (located on the porch at Whiskey Rose).

You can exchange your shirt for a different size beginning at 10:00 AM on race day, subject to availability.

POST-RACE PARTY MAP



Click map for interactive Google Map of post-race locations.

POST-RACE

Race Photos	Within 2-3 days of the race, you will receive an email from the race photographer, Finisher Pix, with race photos.
Results	There will not a results tent at the finish line, but a results link will be shared via email before the race.
Results Correction	A results correction form will be available after the race if your results are incorrect.
Survey	We value your feedback! After the race, you'll receive an email with a short survey link. Taking a few minutes to share your thoughts helps us improve and make next year's event even better.



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